



Clare Shearing, Dip ION Fd/Sc, mBANT, NNEB Dip.

Clare is a newly qualified nutritional therapist, having recently graduated from the Institute for Optimum Nutrition with a Diploma and Foundation Degree in the summer of 2008 and a registered member of the British Association for Applied Nutrition and Nutritional Therapy.

Although born and raised in the heart of Hampshire, Clare now lives and works in North London with partner Andrew. The field of nutrition is a second career choice, having spent 16 years previous as a trained nanny – Clare continues to nanny part-time while bridging the gap between that, and the new career. Aiming to practice nutritional therapy on a more full time basis next summer, spare time at the moment involves advising in health food shops, contributing to on-line health/nutrition articles and working with the Lee Spark Foundation to share her knowledge - the sudden loss of a dear Aunt to Strep group A infection in spring 2008 bought Clare to Lee Spark for answers and support for the family.

Clare looks forward to working with Doreen and the highly qualified medical team. For more information about Nutritional and lifestyle factors and how they may benefit survivors of Necrotising Fasciitis / streptococcal infections, keep an eye out for regular updates – just click on “Community Forum” and “Newsletter” where new information will be posted either monthly or seasonally. Bereaved friends and relatives may also find future immune supporting articles informative, interesting and useful.

Contact Details – E-mail Clare at: ClareLS_73@hotmail.com

Tel: 077 919 07503.